

Syllabus-2023-2024

BSc_Nursing

Title of the Course	Competency Assessment
Course Code	INTE 415, 420, 425, 430, 435

Part A

Year	4th	Credits	L 0	T 0	P 0	C 0
Course Type	Embedded theory and field work					
Course Category	Discipline Core					
Pre-Requisite/s	Co-Requisite/s					
Course Outcomes & Bloom's Level	<p>CO1- To develop students' proficiency in various nursing skills including patient handover, hygiene, admission and discharge procedures, vital signs measurement, physical assessment, medication administration, CPR, aseptic techniques, Code blue management, documentation, physician order review, basic nursing care, assistance with medical procedures, central line care, administration of various treatments, cardiac management, dysrhythmia recognition, interpretation of clinical signs, and nursing care for specific medical conditions. (BL1-Remember)</p> <p>CO2- Acquiring basic nursing care skills, preoperative management skills encompassing patient preparation, preoperative checklist checks, and specific preparations, mastering pre-procedural preparations for various procedures, post-operative care including immediate post-operative care and wound care, proficiency in surgical dressing setup and wound care techniques, competence in managing ostomies and underwater seal drainage, expertise in renal/urologic management including catheter insertion and maintenance, and comprehensive understanding of orthopedic care involving traction maintenance, plaster cast care, and bandage application. (BL2-Understand)</p> <p>CO3- Acquiring specialized skills in Maternity/Obstetric and Gynecology care, such as performing antenatal assessments, assisting in high-risk patient care, providing postnatal routine care, mastering various gynecological procedures, managing patients in labor, delivering immediate newborn care, and accurately documenting all relevant medical and nursing information. (BL3-Apply)</p> <p>CO4- The Pediatric Medical Specialty Skills, Pediatric Surgical Specialty Skills, and Pediatric Neonatal Intensive Care Specialty include acquiring competence in basic nursing care, admission and discharge procedures, physical health assessment, nursing management across various pediatric specialties, patient safety measures, IV therapy, respiratory care, diagnostic preparation, and comprehensive documentation for pediatric patients across a spectrum of medical conditions and surgical interventions. (BL4-Analyze)</p> <p>CO5- The General Intensive Care Specialty Skills include mastering essential nursing care, advanced procedures such as defibrillation and thrombolytic therapy, airway management, central line maintenance, chest physiotherapy, feeding management, postoperative care for various surgeries, administration of medications, use of life support equipment, interpretation of critical patient signs and symptoms, psychosocial support, and post-mortem care, while the Operating Room Specialty Skills cover electronic life support equipment use, vital signs monitoring, aseptic techniques, haemodynamic monitoring, patient positioning, procedural sedation, and psycho-social patient support, and the Dialysis Specialty Skills encompass comprehensive dialysis patient care, vascular access management, patient monitoring, infection control, patient education, and laboratory blood work. (BL5-Evaluate)</p>					
Courses Elements	Skill Development ✓ Entrepreneurship ✓ Employability ✓ Professional Ethics ✓ Gender X Human Values X Environment X	SDG (Goals)	SDG3(Good health and well-being) SDG4(Quality education) SDG8(Decent work and economic growth)			

Part B

Modules	Contents	Pedagogy	Hours
Unit I	Communication and Nurse patient relationship Comfort, Rest & Sleep, Pain and Promoting Safety in Health Care Environmental signs Hospital Admission and discharge, Mobility and Immobility and Patient education Mobility and Immobility First aid and Emergencies	.OSCE/OSPE, Health Education,	160
Unit II	Health Assessment, The Nursing Process, Nutritional needs, Elimination needs& Diagnostic testing, Elimination needs Oxygenation needs, Fluid, Electrolyte, and Acid – Base Balances, Administration of Medications, Sensory Needs and Care of Unconscious patients, Care of Terminally ill, death and dying	.OSCE/OSPE, Health Education,	320
Unit III	Intravenous therapy, □ Pre-Operative care □ Immediate Post-operative care □ Post-operative exercise □ Pain assessment □ Pain Management □ Assisting diagnostic procedure and after care of patients undergoing, Cardiac monitoring, Intradermal injection-Skin allergy testing Application of topical medication Medicated bath, Barrier Nursing, Orthopedic, Operation theatre, ENT Ward, Burns	OSCE	480
Unit IV	Taking pediatric history, Physical examination, Pediatric Procedure, Assessment of children, critical & emergency care, Health education, Immunization, Health care programs	OSC, OSPE, Growth charts , simulations	200

Part C

Modules	Title	Indicative-ABCA/PBL/ Experiments/Field work/ Internships	Bloom's Level	Hours
Unit I	OSCE/OSPE	Simulation	BL3-Apply	160
Unit II	Clinical wards Teachings	Field work	BL3-Apply	320
Unit III	Clinical Ward Teachings,	Field work	BL3-Apply	480
Unit IV	Clinical Ward Teachings , Postings, Demonstrations	PBL	BL3-Apply	200

Part D(Marks Distribution)

Theory					
Total Marks	Minimum Passing Marks	External Evaluation	Min. External Evaluation	Internal Evaluation	Min. Internal Evaluation
100	50	75	38	25	13
Practical					
Total Marks	Minimum Passing Marks	External Evaluation	Min. External Evaluation	Internal Evaluation	Min. Internal Evaluation

Part E

Books	Marilyn J. Hockenberry and David Wilson."Wong's Essentials of Pediatric Nursing"4th Edition. Elsevier Publishers
Articles	https://www.youtube.com/watch?v=eraevg7Bi2E
References Books	Elizabeth M. Varcarolis."Manual of Psychiatric Nursing Care Planning: Assessment Guides, Diagnoses, Psychopharmacology" 2nd Edition. Jaypee Publishers
MOOC Courses	https://www.himss.org/resources/massive-open-online-course-flexible-competency-development-primary-care-case-study
Videos	Pediatric Procedure, Assessment of children

Syllabus-2023-2024

BSc_Nursing

Title of the Course	Community Health Nursing II
Course Code	N -COMH (II) 401 [T]

Part A

Year	4th	Credits	L	T	P	C
			5	0	0	5
Course Type	Theory only					
Course Category	Foundation core					
Pre-Requisite/s	Co-Requisite/s					
Course Outcomes & Bloom's Level	<p>CO1- define community and community health nursing also interpreting the scope of community health and community health nursing. (BL1-Remember)</p> <p>CO2- understand the community health problems and holistic care , competent nursing care and extended role of nurses in community health centers. (BL2-Understand)</p> <p>CO3- demonstrate and show in the community about the self-examination, hand hygiene and related to the menstrual hygiene and care of a pregnant mother, new born baby and geriatric. (BL3-Apply)</p> <p>CO4- evaluate the problem in the community by questioning and behalf of that students able to analyze the problem regarding health issues. (BL4-Analyze)</p> <p>CO5- detect the problems in the community and assess the problem that how the particular situation is occurring and students can argue and debate on that and can evaluate it. (BL5-Evaluate)</p>					
Coures Elements	Skill Development ✓ Entrepreneurship ✓ Employability ✓ Professional Ethics ✓ Gender ✓ Human Values ✓ Environment X	SDG (Goals)	SDG3(Good health and well-being) SDG4(Quality education) SDG5(Gender equality) SDG6(Clean water and sanitation) SDG8(Decent work and economic growth) SDG10(Reduced inequalities)			

Part B

Modules	Contents	Pedagogy	Hours
Unit 1	Management of common conditions and emergencies including first aid □ Standing orders: Definition, uses Screening, diagnosing/ identification, primary care and referral of Gastrointestinal System o Abdominal pain o Nausea and vomiting o Diarrhea o Constipation o Jaundice o GI bleeding o Abdominal distension o Dysphagia and dyspepsia o Aphthous ulcers Respiratory System o Acute upper respiratory infections – Rhinitis, Sinusitis, Pharyngitis, Laryngitis, Tonsillitis o Acute lower respiratory infections – Bronchitis, pneumonia and bronchial asthma o Hemoptysis, Acute chest pain Heart & Blood o Common heart diseases – Heart attack/coronary artery disease, heart failure, arrhythmia o Blood anemia, blood cancers, bleeding disorders Eye & ENT conditions □ Eye – local infections, redness of eye, conjunctivitis, styte, trachoma and refractive errors □ ENT – Epistaxis, ASOM, sore throat, deafness Urinary System □ Urinary tract infections – cystitis, pyelonephritis, prostatitis, UTIs in children First aid in common emergency conditions – Review □ High fever, low blood sugar, minor injuries, fractures, fainting, bleeding, shock, stroke, bites, burns, choking, seizures, RTAs, poisoning, drowning and foreign bodies	Lecture cum Discussion, Demonstration, role play & Field Visit	10
Unit 2	Reproductive, maternal, newborn, child and adolescent Health (Review from OBG Nursing and application in community setting) □ Present situation of reproductive, maternal and child health in India Antenatal care □ Objectives, antenatal visits and examination, nutrition during pregnancy, counseling □ Calcium and iron supplementation in pregnancy □ Antenatal care at health centre level □ Birth preparedness □ High risk approach – Screening/early identification and primary management of complications – Antepartum hemorrhage, pre-eclampsia, eclampsia, Anemia, Gestational diabetes mellitus, Hypothyroidism, Syphilis □ Referral, follow up and maintenance of records and reports Intra natal care □ Normal labour – process, onset, stages of labour □ Monitoring and active management of different stages of labour □ Care of women after labour □ Early identification, primary management, referral and follow up – preterm labour, fetal distress, prolonged and obstructed labour, vaginal & perineal tears, ruptured uterus □ Care of newborn immediately after birth □ Maintenance of records and reports □ Use of Safe child birth check list □ SBA module – Review □ Organization of labour room Postpartum care □ Objectives, Postnatal visits, care of mother and baby, breast feeding, diet during lactation, and health counseling □ Early identification, primary management, referral and follow up of complications, Danger signs-postpartum hemorrhage, shock, puerperal sepsis, breast conditions, post-partum depression □ Postpartum visit by health care provider Newborn and child care □ Review: Essential newborn care □ Management of common neonatal problems □ Management of common child health problems: Pneumonia, Diarrhoea, Sepsis, screening for congenital anomalies and referral □ Review: IMNCI Module □ Under five clinics Adolescent Health □ Common health problems and risk factors in adolescent girls and boys □ Common Gynecological conditions – dysmenorrhoea, Premenstrual Syndrome (PMS), Vaginal discharge, Mastitis, Breast lump, pelvic pain, pelvic organ prolapse □ Teenage pregnancy, awareness about legal age of marriage, nutritional status of adolescents National Menstrual Hygiene scheme □ Youth friendly services: o SRH Service needs o Role and attitude of nurses: Privacy, confidentiality, non judgemental attitude, client autonomy, respectful care and communication □ Counseling for parents and teenagers (BCS – balanced counseling strategy) National Programs □ RMNCH+A Approach – Aims, Health systems strengthening, RMNCH+A strategies, Interventions across life stages, program management, monitoring and evaluation systems □ Universal Immunization Program (UIP) as per Government of India guidelines – Review □ Rashtriya Bal Swasthya Karyakaram (RSBK) -children □ Rashtriya Kishor Swasthya Karyakram (RKSK) – adolescents Any other new programs	Lecture cum Discussion, Demonstration, role play & Field Visit	20
Unit 3	Demography, Surveillance and Interpretation of Data □ Demography and vital statistics – demographic cycle, world population trends, vital statistics □ Sex ratio and child sex ratio, trends of sex ratio in India, the causes and social implications □ Sources of vital statistics – Census, registration of vital events, sample registration system □ Morbidity and mortality indicators – Definition, calculation and interpretation □ Surveillance, Integrated disease surveillance project (IDSP), Organization of IDSP, flow of information and mother and child tracking system (MCTS) in India □ Collection, analysis, interpretation, use of data □ Review: Common sampling techniques – random and nonrandom techniques □ Disaggregation of data	Lecture cum Discussion, Demonstration, role play & Field Visit	5
Unit 4	Population and its Control □ Population Explosion and its impact on Social, Economic development of individual, society and country, □ Population Control – Women Empowerment: Social, Economic and Educational Development □ Limiting Family Size – Promotion of small family norm. Temporary Spacing Methods (natural, biological, chemical, mechanical methods etc.), Terminal Methods (Tubectomy, Vasectomy) □ Emergency Contraception □ Counseling in reproductive, sexual health including problems of adolescents □ Medical Termination of pregnancy and MTP Act □ National Population Stabilization Fund/JSK (Jansankhya Stihrata Kosh) □ Family planning 2020 □ National Family Welfare Program □ Role of a nurse in Family Welfare Program	Lecture cum Discussion, Demonstration, role play & Field Visit	6
Unit 5	Occupational Health □ Occupational health hazards □ Occupational diseases □ ESI Act National/ State Occupational Health Programs □ Role of a nurse in occupational health services – Screening, diagnosing, management and referral of clients with occupational health problems	Lecture cum Discussion, Demonstration, role play & Field Visit	5
Unit 6	Geriatric Health Care □ Health problems of older adults □ Management of common geriatric ailments: counseling, supportive treatment of older adults □ Organization of geriatric health services □ National program for health care of elderly (NPHCE) □ State level programs/Schemes for older adults □ Role of a community health nurse in geriatric health services – Screening, diagnosing, management and referral of older adults with health problems	Lecture cum Discussion, Demonstration, role play, case study & Field Visit	6
Unit 7	Mental Health Disorders □ Screening, management, prevention and referral for mental health disorders □ Review: o Depression, anxiety, acute psychosis, Schizophrenia o Dementia o Suicide o Alcohol and substance abuse o Drug deaddiction program o National Mental Health Program o National Mental Health Policy o National Mental Health Act □ Role of a community health nurse in screening, initiation of treatment and follow up of mentally ill clients	Lecture cum Discussion, Demonstration, role play & Field Visit	6
Unit 8	Health Management Information System (HMIS) □ Introduction to health management system: data elements, recording and reporting formats, data quality issues □ Review: o Basic Demography and vital statistics o Sources of vital statistics o Common sampling techniques, frequency distribution o Collection, analysis, interpretation of data □ Analysis of data for community needs assessment and preparation of health action plan	Lecture cum Discussion, Demonstration, role play & Field Visit	4
Unit 9	Management of delivery of community health services: □ Planning, budgeting and material management of CHC, PHC, SC/HWC □ Manpower planning as per IPHS standards □ Rural: Organization, staffing and material management of rural health services provided by Government at village, SC/HWC, PHC, CHC, hospitals – district, state and central □ Urban: Organization, staffing, and functions of urban health services provided by Government at slums, dispensaries, special clinics, municipal and corporate hospitals □ Defense services □ Institutional services □ Other systems of medicine and health: Indian system of medicine, AYUSH clinics, Alternative health care system referral systems, Indigenous health services	Lecture cum Discussion	12
Unit 10	Leadership, Supervision and Monitoring □ Understanding work responsibilities/job description of DPHN, Health Visitor, PHN, MPHWH (Female), Multipurpose health Worker (Male), AWWs and ASHA □ Roles and responsibilities of Mid-Level Health Care Providers (MLHPs) □ Village Health Sanitation and Nutrition Committees (VHSNC): objectives, composition and roles & responsibilities □ Health team management □ Review: Leadership & supervision – concepts, principles & methods □ Leadership in health: leadership approaches in healthcare setting, taking control of health of community and organizing health camps, village clinics □ Training, Supportive supervision and monitoring – concepts, principles and process e.g. performance of frontline health workers Financial Management and Accounting & Computing at Health Centers (SC) o Activities for which funds are received Accounting and book keeping requirements – accounting principles & policies, book of accounts to be maintained, basic accounting entries, accounting process, payments & expenditure, fixed asset, SOE reporting format, utilization certificate (UC) reporting o Preparing a budget o Audit Records & Reports: □ Concepts of records and reports – importance, legal implications, purposes, use of records, principles of record writing, filing of records □ Types of records – community related records, registers, guidelines for maintaining □ Report writing – purposes, documentation of activities, types of reports □ Medical Records Department – functions, filing and retention of medical records □ Electronic Medical Records (EMR) – capabilities and components of EMR, electronic health record (EHR), levels of	Lecture cum Discussion, role play & Field Visit	15

Syllabus-2023-2024

BSc_Nursing

Title of the Course	Community Health Nursing I incl Env. Sc. & Epidemiology
Course Code	N- COMH (I) 310 [T]

Part A

Year	3rd	Credits	L	T	P	C
			5	0	0	5
Course Type	Theory only					
Course Category	Foundation core					
Pre-Requisite/s	Co-Requisite/s					
Course Outcomes & Bloom's Level	<p>CO1- define community and community health nursing also interpreting the scope of community health and community health nursing. (BL1-Remember)</p> <p>CO2- understand the community health problems and holistic care , competent nursing care and extended role of nurses in community health centers. (BL2-Understand)</p> <p>CO3- demonstrate and show in the community about the self-examination, hand hygiene and related to the menstrual hygiene and care of a pregnant mother, new born baby and geriatric. (BL3-Apply)</p> <p>CO4- evaluate the problem in the community by questioning and behalf of that students able to analyze the problem regarding health issues. (BL4-Analyze)</p> <p>CO5- detect the problems in the community and assess the problem that how the particular situation is occurring and students can argue and debate on that and can evaluate it. (BL5-Evaluate)</p>					
Coures Elements	<ul style="list-style-type: none"> Skill Development ✓ Entrepreneurship ✓ Employability ✓ Professional Ethics ✓ Gender ✓ Human Values ✓ Environment ✓ 	SDG (Goals)	<ul style="list-style-type: none"> SDG3(Good health and well-being) SDG4(Quality education) SDG5(Gender equality) SDG7(Affordable and clean energy) SDG8(Decent work and economic growth) SDG10(Reduced inequalities) 			

Part B

Modules	Contents	Pedagogy	Hours
Unit 1	Introduction □ Definition, concept & scope of community Health and community Health Nursing □ Historical development of Community health Community health Nursing. - Pre Independence - Post Independence	Lecture cum discussion	4
Unit 2	Health planning and policies and problems □ National health planning in India - Five Year Plans □ Various committees and commissions on health and family welfare, Central council for health and family welfare (CCH and FW) □ NRHM, NUHM, MDG, SDG □ National Health Policy (1983,2002) □ National population policy □ Health problems in India □ Recent health policies	Lecture discussion & Panel discussion	6
Unit 3	Delivery of community health services □ Planning, budgeting and material management of SCs, PHC and CHC □ Programme management including supervision and monitoring. □ Ayushman Bharath Rural: Organization, staffing and functions of rural health services provided by government at: - Village - Sub centre - Primary health centre : Concept of Health and Wellness centre - Community health centre / sub divisional - Hospitals - District, State & Centre. □ Urban: Organization, staffing and functions of urban health services provided by government at: - Slums - Dispensaries - Maternal and child health centres - Special Clinics - Hospitals - Corporation / Municipality / Board. □ Components of health services o Environmental sanitation o Health education o Vital statistics o M.C.H - antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act. o Introduction to Rashtriya Bal Sakshya Karyakram (RBSK) o Mother and child tracking system o Safe birth checklist o Postpartum visits by health worker o Family welfare o National health programmes □ School health services	Lecture cum discussion, Case Study, & Panel discussion	15
Unit 4	□ Community health nursing approaches, concepts and roles and responsibilities of nursing personnel. □ Approaches o Nursing theories and Nursing process o Epidemiological approach o Problem solving approach o Evidence based approach o Empowering people to care for themselves □ Concepts of Primary Health Care: o Equitable distribution o Community Participation o Focus on prevention o Use of appropriate technology o Multi-sectoral approach □ Roles and responsibilities of health nursing personnel in o Family health services o Information Education Communication (IEC) o Management information system (MIS) o Maintenance of Records & Reports o Training and supervision of various categories of health workers □ National Health programmes □ Environmental sanitation □ Maternal and Child health and family welfare □ Organization of labour room □ Treatment of minor ailments School Health Services □ Occupational Health □ Organization of clinics, camps: Types, Preparation, Planning, Concept, conduct and evaluation □ Waste management in the centre, clinics etc., □ Home visit: Concept, Principles, Process, Techniques: Bag technique home visit. □ Qualities of Community Health Nurse – Behavioral change, Communication & Soft skill □ Job description of Community health nursing personnel. □ Middle level health provider. □ Roles & Responsibilities	Lecture cum discussion, Case Study, & Panel discussion	25
Unit 5	Assisting individuals and groups to promote and maintain their health. □ Empowerment for self care of individual, families and groups in -- Diagnosing & Treatment skills using SOP's A. Assessment of self and family Monitoring growth and development - Mile stones - Weight measurement - Social development - Temperature and Blood pressure monitoring Menstrual cycle. - Breast self examination and testicles - Warning signs of various diseases - Tests: Urine for sugar and albumin, blood sugar B. Seek health services for - Routine checkup - Immunization - Counseling - Diagnosis - Treatment - Follow up C. Maintenance of Health Records for self and family D. Continue medical care and follow up in community for various diseases and disabilities E. Carryout therapeutic procedures as prescribed / required for self and family – Drug Waste Management - Collection and disposal of waste at home and community G. Sensitize and handle social issues affecting health and development for self and family - Social Mobilization - Women Empowerment - Women and child abuse - Abuse of elders - Female feticide - Commercial sex workers - Food adulteration - Substance abuse H. Utilize community resources for self and family - Trauma services - Old age homes - Orphanage - Homes for physically and mentally challenged individuals Homes for destitute.	Lecture cum discussion, Case Study, & Panel discussion	15
Unit 6	National health and family welfare programmes and the role of a nurse. □ National ARI Programme □ Revised National Tuberculosis (RNTCP) □ National Anti- Malaria Programme □ National Filaria control programme □ National Guinea worm eradication programme □ National Leprosy eradication programme □ National AIDS control programme □ STD control programme □ National programme for control of blindness □ Iodine deficiency disorder programme □ Expanded programme on immunization □ National family welfare programme historical development, organization, administration, Research, constraints □ National water supply and sanitation programme □ Minimum Need programme □ National Diabetics control programme □ Polio Eradication: Pulse Polio Programme □ National cancer control Programme □ Yaws Eradication Programme □ National Nutritional Anemia prophylaxis programme □ 20 point programme □ ICDS programme □ Mid-day meal applied nutritional programme □ National mental health programme □ Health schemes - ESI Health insurance, other schemes Recent health programmes.	Lecture cum discussion, Case Study, & Panel discussion	20
Unit 7	Health Agencies □ International - WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC), Red cross, USAID, UNESCO, Colombo Plan, ILO, CARE etc. □ National - Indian Red Cross, Indian Council for child welfare, Family Planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kush Nivaran Sangh, Central Social Welfare Board, All India Women's conference, Blind Association of India etc. Health Agencies □ International - WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC), Red cross, USAID, UNESCO, Colombo Plan, ILO, CARE etc. □ National - Indian Red Cross, Indian Council for child welfare, Family Planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kush Nivaran Sangh, Central Social Welfare Board, All India Women's conference, Blind Association of India etc. programme • Screen, manage, refer children □ Collaborate with health and allied agencies □ Train and supervise health workers □ Provide family welfare services: insertion of IUD □ Counsel and teach individual, family and community about: HIV, TB, Diabetes, hypertension, Mental health, adolescents, elderly health, physically, physically and mentally challenged individuals etc. □ Collect and calculate Vital health statistics □ Document and maintain. o Individual, family and administrative records. □ Write reports-center, disease, national health programme / projects.	Lecture cum discussion & Panel discussion	5
Unit 8	Introduction to Epidemiology – Epidemiological Approaches and Processes □ Epidemiology: Concept and Definition □ Distribution and frequency of disease □ Aims & uses of epidemiology □ Epidemiological models of causation of disease □ Concepts of disease transmission □ Modes of transmission: Direct, Indirect and chain of infection □ Time trends or fluctuations in disease occurrence □ Epidemiological approaches: Descriptive, analytical and experimental □ Principles of control measures/levels of prevention of disease □ Investigation of an epidemic of communicable disease □ Use of basic epidemiological tools to make community diagnosis for effective planning and intervention	Lecture cum discussion & Panel discussion	10
Unit 9	Communicable Diseases and National Health Programs 1. Communicable Diseases – Vector borne diseases (Every disease will be dealt under the following headlines) □ Epidemiology of the following vector born diseases □ Prevention & control measures □ Screening, and diagnosing the following conditions, primary management, referral and follow up o Malaria o Filaria o Kala-azar o Japanese encephalitis o Dengue o Chickungunya 2. Communicable diseases: Infectious diseases (Every disease will be dealt under the following headlines) □ Epidemiology of the following infectious diseases □ Prevention & Control measures □ Screening, diagnosing the following conditions, primary management, referral and follow up o Leprosy o Tuberculosis o Vaccine preventable diseases – Diphtheria, whooping cough, tetanus, poliomyelitis and measles o Enteric fever o Viral hepatitis o HIV/AIDS/RTI infections o HIV/AIDS, and Sexually Transmitted Diseases/ Reproductive tract infections (STIs/RTIs) o Diarrhoea o Respiratory tract infections o COVID-19 o Helminthic – soil & food transmitted and parasitic infections – Scabies and pediculosis 3. Communicable diseases: Zoonotic diseases □ Epidemiology of Zoonotic diseases □ Prevention & control measures □ Screening and diagnosing the following conditions, primary management, referral and follow up o Rabies: Identify, suspect, primary management and referral to a health facility □ Role of a nurse in control of communicable diseases National Health Programs 1. UIP: Universal Immunization Program (Diphtheria, Whooping cough, Tetanus, Poliomyelitis, Measles and Hepatitis B) 2. National Leprosy Eradication Program (NLEP) 3. Revised National Tuberculosis Control Program (RNTCP) 4. Integrated Disease Surveillance Program (IDSP): Enteric fever, Diarrhea, Respiratory infections and Scabies 5. National Aids Control Organization (NACO) 6. National Vector Borne Disease Control Program 7. National Air Quality Monitoring Program 8. Any other newly added program	Lecture cum discussion & Panel discussion	15

Syllabus-2023-2024

PB_BSc_Nursing

Title of the Course	Community Health Nursing
Course Code	PBNSG 202[T]

Part A

Year	2nd	Credits	L	T	P	C
			4	0	0	4
Course Type	Theory only					
Course Category	Discipline Core					
Pre-Requisite/s	obtained a certificate in general nursing and midwifery and registered as R.N.R.M. with the state nurses registration council	Co-Requisite/s	be medically fit			
Course Outcomes & Bloom's Level	CO1- Explain the concept of various factors contributing to health of individual, family and community.(BL1-Remember) CO2- Identify the role of community health nurse.(BL2-Understand) CO3- Describe national health care delivery system.(BL3-Apply) CO4- Describe epidemiological methods and principles of prevention and control of illness in the community.(BL4-Analyze) CO5- Identify the role of personnel working in the community health set up.(BL5-Evaluate) CO6- Plan the work of community health nurse and supervise and train health workers.(BL6-Create)					
Courses Elements	Skill Development ✓ Entrepreneurship ✓ Employability ✓ Professional Ethics ✓ Gender ✓ Human Values ✓ Environment X	SDG (Goals)	SDG3(Good health and well-being) SDG4(Quality education) SDG5(Gender equality) SDG8(Decent work and economic growth)			

Part B

Modules	Contents	Pedagogy	Hours
Unit I	• Introduction to Community Health – Concepts, Principles and Elements of Primary Health Care. • Introduction to Community Health Nursing. • Concept of Community Health Nursing – Community Nursing process. • Objective, Scope and Principles of Community Health Nursing.	Lecture cum Discussion	6
Unit II	• Family Health Services. • Concept, Objective, Scope and Principles. • Individual, Family and Community as a unit of service. • Principles and techniques of home visiting. • Establishing working relationship with the family. • Working with families in relation to prevention of diseases, promotion of health. • Care of the sick in the home, physically handicapped and mentally challenged. • Surveillance and Monitoring.	Lecture cum Discussion , visual art	8
Unit III	Organisation and administration of health services in India. * National health policy * Health planning and healthcare delivery system in India * Health team concept * Centre, State, district, urban health services, rural health services * System of medicines * Centrally sponsored health schemes * Role of voluntary health organizations and international health agencies * Role of health personnel in the community * Public health legislation. * Standard treatment protocols at SC * Financial management, accounts & computing at SC * BMW and rules of 2016	Lecture cum Discussion , PBL, Presentation	10
UNIT IV	Health Education * Aims concepts and scope of the health education * National plan for health education * Communication techniques * Methods and media for health education programmes * Planning for health education and role of nurse * social mobilization skills *Behavior change communication and soft skills * Counseling-Gather	Lecture cum Discussion , case study	8
UNIT V	V 8 Explain the Role of the community health nurse. Role of the community health nurse. * New National health programmes * Maternal and child health programmes * Family welfare and school health services * Occupational health services. * As a member of the health team. * Rashtriya Bal suraksha karyakaram (RBSK) Programme management including monitoring & supervision * Chikungunya * Adolescent counseling * National health programme on CD and NCDs Chalk board power point Transparency Essay type Short answers Assessment of report on community Identification	Lecture cum Discussion , Group Discussion	8
Unit VI	VI 10 Describe Epidemiology Epidemiology * Definition-concepts, aims, objectives, methods, principles * Epidemiology – Theories and models * Application of Epidemiology, principles and concepts in community health. *Investigation of outbreak Chalk board power point Transparency Essay type Short answers	Lecture cum Discussion , Field Work & Out door learning, PBL	10
Unit VII	Bio statistics and vital statistics * Introduction, definition and scope, legislation * Report, recording and compiling of vital statistics at the local, state, national and international level. * Definitions and methods of computing vital statistics * Methods of presenting data * Management information system. * HIMS * Electronic medical record * Integrated disease surveillance project (IDSP) * RCH portal (MCTS) * Sources of vital statistics	Lecture cum Discussion , Field Work & Out door learning	10

Part C

Modules	Title	Indicative-ABCA/PBL/ Experiments/Field work/ Internships	Bloom's Level	Hours
1	Introduction to Community Health – Concepts, Principles and Elements of Primary Health Care. • Introduction to Community Health Nursing. • Concept of Community Health Nursing – Community Nursing process. • Objective, Scope and Principles of Community Health Nursing. • Family Health Services. • Concept, Objective, Scope and Principles. • Individual, Family and Community as a unit of service. • Principles and techniques of home visiting. • Establishing working relationship with the family. • Working with families in relation to prevention of diseases, promotion of health. • Care of the sick in the home, physically handicapped and mentally challenged. • Surveillance and Monitoring.	Field work	BL3-Apply	6
4	Unit – 4 • Health Education: • Aims, Concepts and Scope of Health Education. • National Plan for Health Education • Communication Techniques • Methods and media for health education programmes • Planning for health education and role of nurse.	Field work	BL3-Apply	8

Part D(Marks Distribution)

Theory					
Total Marks	Minimum Passing Marks	External Evaluation	Min. External Evaluation	Internal Evaluation	Min. Internal Evaluation
100	50	75	38	25	12
Practical					
Total Marks	Minimum Passing Marks	External Evaluation	Min. External Evaluation	Internal Evaluation	Min. Internal Evaluation
	0				

Syllabus-2023-2024

PB_BSc_Nursing

Title of the Course	Mental Health Nursing
Course Code	PBNSG 203[T]

Part A

Year	2nd	Credits	L	T	P	C
			6	3	12	21
Course Type	Theory only					
Course Category	Discipline Core					
Pre-Requisite/s	GNM with minimum of 55% aggregate marks with RNRM registration.		Co-Requisite/s		be medically fit	
Course Outcomes & Bloom's Level	<p>CO1- Students will to comprehend information and theories in historical development in the field of Mental health. (BL2-Understand)</p> <p>CO2- Student will interpret apply principles of psychiatric nursing in clinical practice. (BL3-Apply)</p> <p>CO3- Students will demonstrate the ability of assessment, therapeutic communication and various treatment modalities (E.C.T, Behavioral therapies etc) (BL5-Evaluate)</p> <p>CO4- Students are able to infer and illustrate the psychodynamic and Assessing patient with psychiatric disorders take decisions to provide comprehensive nursing care. (BL4-Analyze)</p> <p>CO5- Students are able to evaluate, relate and infer the prognosis and treatment model in mental ill patients. (BL5-Evaluate)</p>					
Courses Elements	Skill Development ✓ Entrepreneurship ✓ Employability ✓ Professional Ethics ✓ Gender X Human Values X Environment ✓	SDG (Goals)	SDG3(Good health and well-being) SDG4(Quality education) SDG5(Gender equality) SDG8(Decent work and economic growth)			

Part B

Modules	Contents	Pedagogy	Hours
1	Introduction and historical development * History of psychiatry * Historical development of mental health nursing * Philosophy, principles of mental health and psychiatric nursing * Concept of normal and abnormal behaviour * Role and qualities of mental health and psychiatric nursing * Mental health team and functions of team members * Legal aspects in psychiatry and mental health services	lecture cum discussion	5
2	Classification and assessment of mental disorders * Terminologies used in psychiatry * Classification of mental disorders * Etiological factors and psychopathology of mental disorders * History taking and assessment methods for mental disorders.	Lecture cum Discussion , visual art	5
3	Therapeutic communication * Communication process * Interview skills, therapeutic communication techniques. Nurse patient Relationship, therapeutic impasse and its management process recording.	Lecture cum Discussion , PBL, Presentation	4
4	Management of mental disorders. * Etiological factors, psychopathology, types, clinical features, diagnostic criteria, treatment and nursing management of patient with following disorders: * Neurotic Disorders: Anxiety Neurosis, Depressive Neurosis, Obsessive compulsive Neurosis, phobic Neurosis and Hypochondriacal Neurosis, Stress related and somatoform disorders. * Psychotic Disorders: Schizophrenic form, affective and organic psychosis. * Organic Brain syndromes Psychosomatic disorders * Personality disorders * Disorders of childhood and adolescence.	Lecture cum Discussion	20
5	Management of patients with substance use disorders * Substance use and misuse. * Dependence, intoxication and withdrawal * Classification of psychoactive substances * Etiological and contributory factors * Psychopathology * Clinical features * Diagnostic criteria * Treatment and nursing management of patient with substance use disorders. * Preventive and rehabilitative aspects in substance abuse. * Mental health act & de-addicting programme	Lecture cum Discussion , Group Discussion	3
6	Management of mental sub- normality * Classification of mental sub- normality * Etiological factors, psychopathology, psychometric assessment, diagnostic criteria and management of sub- normality.	Lecture cum Discussion , Field Work & Out door learning	2
7	Psychiatric Emergencies * Types of emergencies, psychopathology, clinical features, assessment and diagnosis, treatment and nursing management of patient with psychiatric emergencies. * Crisis intervention therapy.	Lecture cum Discussion , Field Work & Out door learning	4
8	Therapeutic Modalities Principles, indication, contraindications and role of nurse in various treatment methods: * Therapeutic community and Milieu therapy * Occupational therapy * Psychotherapy * Behaviour therapy * Group therapy * Family therapy * Pharmacotherapy * Electro convulsive therapy * Other miscellaneous therapies.	Lecture cum Discussion , Field Work & Out door learning, role play	12

Part C

Modules	Title	Indicative-ABCA/PBL/ Experiments/Field work/ Internships	Bloom's Level	Hours
8	Therapeutic Modalities	Field work	BL2-Understand	12

Part D(Marks Distribution)

Theory					
Total Marks	Minimum Passing Marks	External Evaluation	Min. External Evaluation	Internal Evaluation	Min. Internal Evaluation
100	50	75	38	25	12
Practical					
Total Marks	Minimum Passing Marks	External Evaluation	Min. External Evaluation	Internal Evaluation	Min. Internal Evaluation

Part E

Books	Bimla Kapoor, Psychiatric nursing, Vol. I & II Kumar publishing house Delhi, 2001 M.S. Bhatia, Essentials of Psychiatry, CBS publishers and distributors, Delhi Niraj Ahuja, A short textbook of psychiatry, Jaypee brothers, New Delhi, 2002. R. Sreevani, A guide to mental health & psychiatric nursing, Jaypee brothers, Medical Publishers P(Ltd), New Delhi 1st edition.
Articles	Mental Health and Suicide Prevention Mental health refers to cognitive, behavioural, emotional well-being of an individual. This term is broadly used synonymously for any kind of mental disorder. Though early physical well-being was given more importance to the Mental health. Mental health can affect daily living relationships and overall life. Various socio-economic and physical factors, occupation, education, ethnicity, can affect an individual's mental health. For long psychotic care was either ignored or was a misnomer for being insane. With the ongoing Pandemic along with the other situations that surfaced the insurgency of mental health issues surfaced rampantly. The number of people seeking help for mental stress or mental ailments.
References Books	Mary C Townsend. "Psychiatric Mental Health Nursing". Concept of care, 4th edition. F.A. Davis Co. Philadelphia 2003. Gail Wiscars Stuart. Michele T. Laria. "Principles and practice of psychiatric nursing", 8th edition, Elsevier, India Pvt. Ltd. New Delhi. 2005.
MOOC Courses	https://www.futurelearn.com/courses/mental-health-and-well-being
Videos	https://www.youtube.com/watch?v=2Vtz43pRPas

Syllabus-2023-2024

PB_BSc_Nursing

Title of the Course	Maternal Nursing
Course Code	PBNSG106[T]

Part A

Year	1st	Credits	L	T	P	C
			4	0	0	4
Course Type	Theory only					
Course Category	Discipline Core					
Pre-Requisite/s	hold a diploma in General Nursing & Midwifery (GNM) ii) be a registered nurse iii) have a minimum of two years experience in a hospital or community health nursing			Co-Requisite/s		be medically fit
Course Outcomes & Bloom's Level	CO1- Describe the physiology of pregnancy, labour and puerperium (BL1-Remember) CO2- Manage normal pregnancy, labour and puerperium (BL2-Understand) CO3- Explain the physiology of lactation and advice on management of breast feeding. (BL3-Apply) CO4- Be skilled in providing pre and post operative nursing care in obstetric conditions. (BL4-Analyze) CO5- Identify and manage high risk pregnancy including appropriate referrals. (BL5-Evaluate) CO6- Propagate the concept and motivate acceptance of family planning methods and Teach, guide and supervise auxiliary midwifery personnel (BL6-Create)					
Courses Elements	Skill Development ✓ Entrepreneurship ✓ Employability ✓ Professional Ethics ✓ Gender X Human Values X Environment X	SDG (Goals)		SDG3(Good health and well-being) SDG4(Quality education) SDG8(Decent work and economic growth)		

Part B

Modules	Contents	Pedagogy	Hours
unit 1	I 5hrs Describe the concept of maternal nursing Explain the magnitude of maternal morbidity & mortality rates Describe the * Introduction and historical review * Planned parenthood * Maternal morbidity and mortality rates * Legislations related to maternity benefits, Lecture & Discussion Assessment of skills with check list Written Test; Objective and Essay Type. 35 Page legislations related to maternity benefits .MTP act & family planning MTP acts, incentives for family planning etc.,	lecture cum discussion	5
unit 2	II 6hrs Describe the anatomy & physiology of female reproductive system Explain foetal development * Review of the anatomy and physiology of female reproductive system. * Female pelvis(normal and contracted) * Review of foetal development. Lecture & Discussion Explain using models Chart slides Specimen record book	Lecture cum Discussion , role play	6
unit 3	III 8hrs Describe the physiology & management of pregnancy, labour&puerperiu Perform neonatal resuscitation Recognse&manage common neonatal problems * Physiology and management of pregnancy, labour and puerperium * Signs and symptoms and diagnosis of pregnancy * Antenatal care * Pregnant women with HIV/AIDS * Management of Lecture & Discussion Demonstration Charts slides Assessment of skills with check list Written Test; Objective and Essay Type. common gynecological problems. *Organization of labour room *safe birth checklist Postpartum visit by health worker Micro birth planning	Lecture cum Discussion , case study	8
unit 4	V 5hrs Describe management of abnormal pregnancy labour&puerperiu Identify & manage high risk pregnancy & puerperium * Management of abnormal pregnancy, labour and puerperium * Abortion, ectopic pregnancy and vesicular mole. * Pregnancy induced hypertension, gestational diabetes, anaemia, heart disease. * Urinary infections, Antepartum hemorrhage * Abnormal labour (malposition and malpresentation) * Uterine inertia * Disorders or puerperium Lecture & Discussion Demonstration Charts slides Assessment of skills with check list Written Test; Objective and Essay Type. 37 Page * Management of engorged breast, cracked nipples, breast abscess and mastitis	Lecture cum Discussion , Visual Art, PBL	6
unit 5	VI 10hrs * Drugs in obstetrics * Effects of drugs during pregnancy, labour and puerperium on mother and baby. Lecture & Discussion Drug book Written Test; Objective and Essay Type.	Lecture cum Discussion , Visual Art, PBL	5
unit 6	VII 3hrs * National Welfare programmes for women * National Family welfare programme * Infertile family * Problems associated with unwated pregnancy * Unwed mothers. * Family planning 2020 * National family planning programme * Post partum IUCD	Lecture cum Discussion , Visual Art,simulation based learning	10

Part C

Modules	Title	Indicative-ABCA/PBL/ Experiments/Field work/ Internships	Bloom's Level	Hours
unit1	I 5hrs Describe the concept of maternal nursing Explain the magnitude of maternal morbidity & mortality rates Describe the * introduction and historical review * Planned parenthood * Maternal morbidity and mortality rates * Legislations related to	Role Play	BL6-Create	5
unit 3	Describe management of abnormal pregnancy labour&puerperiu Identify & manage high risk pregnancy & puerperium * Management of abnormal pregnancy, labour and puerperium * Abortion, ectopic pregnancy and vesicular mole. * Pregnancy induced hypertension, gestational diabetes, anaemia, heart disease. * Urinary infections, Antepartum hemorrhage * Abnormal labour (malposition and malpresentation) * Uterine inertia * Disorders or puerperium Lecture & Discussion Demonstration Charts slides Assessment of skills with check list Written Test; Objective and Essay Type. 37 Page * Management of engorged breast, cracked nipples, breast abscess and mastitis	PBL	BL2-Understand	8
unit 6	National Welfare programmes for women * National Family welfare programme * Infertile family * Problems associated with unwated pregnancy * Unwed mothers. * Family planning 2020 * National family planning programme * Post partum IUCD	PBL	BL3-Apply	10

Part D(Marks Distribution)

Theory					
Total Marks	Minimum Passing Marks	External Evaluation	Min. External Evaluation	Internal Evaluation	Min. Internal Evaluation
100		75	38	25	13
Practical					
Total Marks	Minimum Passing Marks	External Evaluation	Min. External Evaluation	Internal Evaluation	Min. Internal Evaluation
0					

