



STUDY AND EVALUATION SCHEME (2024-2025)

SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS

Program:MPES

Semester:1st

S.No.	Course Code	Course Name	Maximum Marks Allotted							Credits Allotted			Total Credits
			Theory			Practical			Total Marks	L	T	P	
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva					
1	MPCC-0101	Philosophical Foundation and History of Physical Education and Sports	70	15	15	0	0	0	100	4	0	0	4
2	MPCC-0102	Health Education	70	15	15	0	0	0	100	4	0	0	4
3	MPCC-0103	Research Methods in Physical Education and Sports	70	15	15	0	0	0	100	4	0	0	4
4	MPEB-0104	Sports Sociology	70	15	15	0	0	0	100	4	0	0	4
5	MPPC-0105	Athletics	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0106	Badminton	0	0	0	80	10	10	100	0	0	4	4
Total Credits													24

*Newly Added Courses

**NCC is a choice-based subject. Credits will be added if the subject will be opted. ** Massive Open Online Courses (MOOC) – It is a choice-based course and credit will be added if the subject will be opted. Credits are duration based.



STUDY AND EVALUATION SCHEME (2024-2025)

(SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS)

Programme:MPES(MPES)

Semester:2nd

S.No.	Course Code	Course Name	Maximum Marks Allotted							Credits Allotted			Total Credits
			Theory			Practical			Total Marks	L	T	P	
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva					
1	MPCC-0201	Statistics in Physical Education& Sports	70	15	15	0	0	0	100	4	0	0	4
2	MPCC-0202	Sports Psychology	70	15	15	0	0	0	100	4	0	0	4
3	MPCC-0203	Exercise Physiology	70	15	15	0	0	0	100	4	0	0	4
4	MPEB-0204	Principles and Organization of Recreation& Leisure Time Activities	70	15	15	0	0	0	100	4	0	0	4
5	MPPC-0205	Athletics	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0206	Basketball	0	0	0	80	10	10	100	0	0	4	4
Total Credits											24		

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STUDY AND EVALUATION SCHEME (2024-2025)

(SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS)

Programme:MPES(MPES)

Semester:3rd

S.No.	Course Code	Course Name	Maximum Marks Allotted							Credits Allotted			Total Credits
			Theory			Practical			Total Marks	L	T	P	
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva					
1	MPCC-0301	Sports Biomechanics	70	15	15	0	0	0	100	3	1	0	4
2	MPCC-0302	Sports Specialization –I	70	15	15	0	0	0	100	3	1	0	4
3	MPCC-0303	Tests Measurement &Evaluation in Physical Education	70	15	15	0	0	0	100	3	1	0	4
4	MPEB-0304	Adapted Physical Education	70	15	15	0	0	0	100	3	1	0	4
5	MPPC-0304	KhoKho ,Kabaddi ,Weight training	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0305	Yoga	0	0	0	80	10	10	100	0	0	4	4
Total Credits												24	

*Newly Added Courses

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STUDY AND EVALUATION SCHEME (2024-2025)

(SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS)

Programme:MPES(MPES)

Semester:4th

S.No.	Course Code	Course Name	Maximum Marks Allotted							Credits Allotted			Total Credits
			Theory			Practical			Total Marks	L	T	P	
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva					
1	MPCC-0401	Scientific principles of sports training and coaching	70	15	15	0	0	0	100	3	1	0	4
2	MPCC-0402	Sports specialization –II	70	15	15	0	0	0	100	3	1	0	4
3	MPCC-0403	Sports medicine	70	15	15	0	0	0	100	3	1	0	4
4	MPEB-0404	Yogic sciences & Naturopathy	70	15	15	0	0	0	100	3	1	0	4
5	MPPC-0405	Coaching lessons	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0406	Dissertation	0	0	0	80	10	10	100	0	0	4	4
Total Credits												24	

[*Newly Added Courses](#)

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List of Elective Subjects

Course Code	Course Name	Subject Type	Semester
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