



## STUDY AND EVALUATION SCHEME (2023-2024)

### SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS

Program:MPES

Semester:1st

S.No.	Course Code	Course Name	Maximum Marks Allotted							Credits Allotted			Total Credits
			Theory			Practical			Total Marks	L	T	P	
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva					
1	MPCC0101[T]	Philosophical Foundation and History of Physicl Education and Sports	40	30	30	0	0	0	100	2	0	0	2
2	MPCC0102[T]	Health Education	40	30	30	0	0	0	100	2	0	0	2
3	MPCC0103[T]	Research Methods in Physical Education and Sports	40	30	30	0	0	0	100	2	0	0	2
4	MPEB0104[T]	Sports Sociology	40	30	30	0	0	0	100	2	0	0	2
5	MPPC0105[P]	Athletics	0	0	0	40	0	0	40	0	0	1	1
6	MPPC0106[P]	Badminton	0	0	0	40	0	0	40	0	0	1	1
<b>Total Credits</b>													<b>10</b>

\*Newly Added Courses

\*\*NCC is a choice-based subject. Credits will be added if the subject will be opted. \*\* Massive Open Online Courses (MOOC) – It is a choice-based course and credit will be added if the subject will be opted. Credits are duration based.



## STUDY AND EVALUATION SCHEME (2023-2024)

### ( SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS)

Programme:MPES(MPES)

Semester:2nd

S.No.	Course Code	Course Name	Maximum Marks Allotted							Credits Allotted			Total Credits
			Theory			Practical			Total Marks	L	T	P	
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva					
1	MPCC-0201	Statistics in Physical Education& Sports	70	15	15	0	0	0	100	3	1	0	4
2	MPCC-0202	Sports Psychology	70	15	15	0	0	0	100	3	1	0	4
3	MPCC-0203	Exercise Physiology	70	15	15	0	0	0	100	3	1	0	4
4	MPEB-0204	Principles and Organization of Recreation& Leisure Time Activities	70	15	15	0	0	0	100	3	1	0	4
5	MPCC-0205	Athletics	0	0	0	80	10	10	100	0	0	4	4
6	MPCC-0206	Basketball	0	0	0	80	10	10	100	0	0	4	4
<b>Total Credits</b>												<b>24</b>	

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## STUDY AND EVALUATION SCHEME (2023-2024)

( SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS)

Programme:MPES(MPES)

Semester:3rd

S.No.	Course Code	Course Name	Maximum Marks Allotted							Credits Allotted			Total Credits
			Theory			Practical			Total Marks	L	T	P	
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva					
1	MPCC-0301	Sports Biomechanics	70	15	15	0	0	0	100	3	1	0	4
2	MPCC-0302	Sports Specialization –I	70	15	15	0	0	0	100	3	1	0	4
3	MPCC-0303	Tests Measurement &Evaluation in Physical Education	70	15	15	0	0	0	100	3	1	0	4
4	MPEB-0304	Adapted Physical Education	70	15	15	0	0	0	100	3	1	0	4
5	MPPC-0304	KhoKho ,Kabaddi ,Weight training	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0305	Yoga	0	0	0	80	10	10	100	0	0	4	4
<b>Total Credits</b>												<b>24</b>	

\*Newly Added Courses

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## STUDY AND EVALUATION SCHEME (2023-2024)

( SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS)

Programme:MPES(MPES)

Semester:4th

S.No.	Course Code	Course Name	Maximum Marks Allotted							Credits Allotted			Total Credits
			Theory			Practical			Total Marks	L	T	P	
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva					
1	MPCC-0401	Scientific principles of sports training and coaching	70	15	15	0	0	0	100	3	1	0	4
2	MPCC-0402	Sports specialization –II	70	15	15	0	0	0	100	3	1	0	4
3	MPCC-0403	Sports medicine	70	15	15	0	0	0	100	3	1	0	4
4	MPEB-0404	Yogic sciences & Naturopathy	70	15	15	0	0	0	100	3	1	0	4
5	MPPC-0405	Coaching lessons	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0406	Sports Specialization	0	0	0	80	10	10	100	0	0	4	4
<b>Total Credits</b>												<b>24</b>	

[\\*Newly Added Courses](#)

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## List of Elective Subjects

Course Code	Course Name	Subject Type	Semester
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