

## Annual Report Women Empowerment Cell 2022-23

### 1. A session on Yoga and Meditation (14 & 15 August 2022)

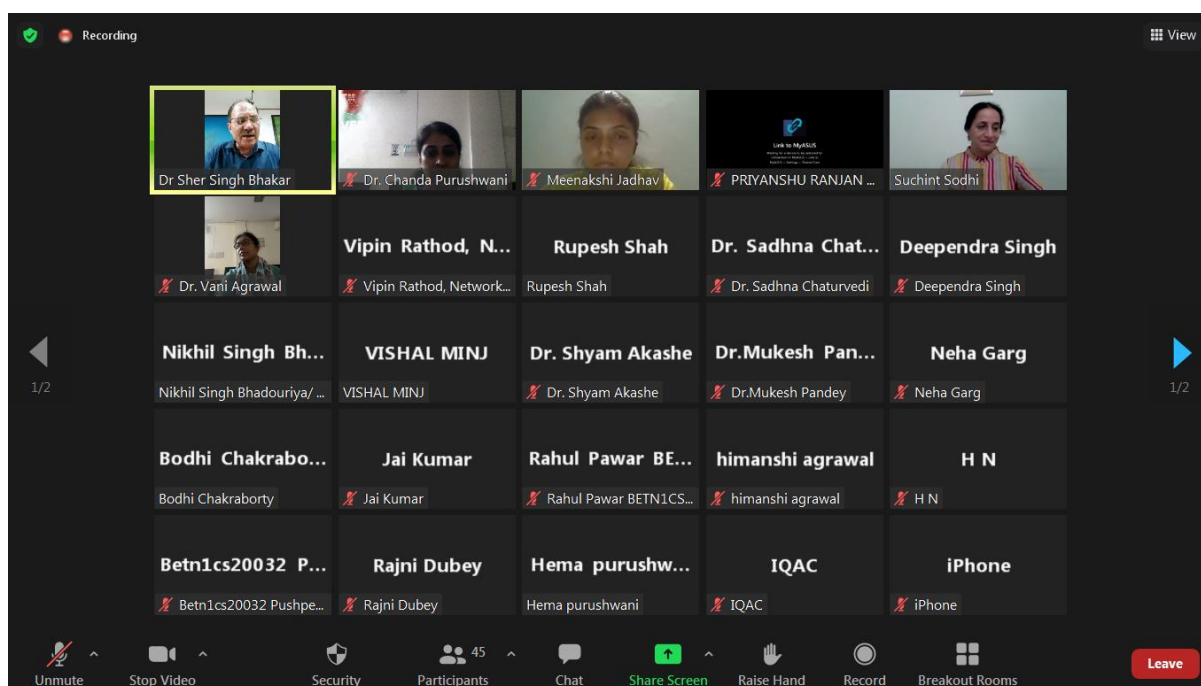
Date/Time: 14<sup>th</sup> and 15<sup>th</sup> August 2022, 3:30 pm onwards

Mode: Hybrid

Women Empowerment Cell of ITM University, Gwalior organized a 2- days workshop on Yoga and Meditation under the guidance of Dr. Vani Agrawal, Convener, Women Empowerment Cell, and the coordinator ship of Dr. Chanda Purushwani.

Day 1 started with a welcome speech by Hon'ble VC Dr. SS Bhakar, followed by a lecture by Mrs. Suchint Kaur Sodhi, Yoga and Wellness Trainer. A vote of thanks was delivered by Dr.Purushwani.

Day 2 witnessed a practical session on Yoga by Mrs. Sodhi who joined virtually and participants attended it in offline mode. The venue for the same was Badminton Hall, School of Physical Education & Sports, ITM University Gwalior which followed the Vote of Thanks by Cell Convener Dr. Agrawal.



A total of 250 students and faculty attended the event. The event was well supported by the network cell and was hailed excitedly by everyone.



## **2. International Women's Day Celebration (8.03.2023)**

Women Empowerment Cell of ITM University Gwalior celebrated International Women's Day on the theme "The power of Self Empowerment" on March 08, 2023 from 10:00 AM in Madhu Limay Seminar Hall JC Bose Block ITM University Gwalior. The theme of this years celebration was "Embrace Equity". Experts from three different zones of professions and society were invited for a brain storming session on the occasion.



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"CELEBRATING DREAMS"

# *Celebrating* International **Women's Day** (Slogan Competition)

**March 10, 2023 | 10:00 AM**  
Venue: **Madhu Limaye Memorial Seminar Hall,**  
J.C. Bose Block, ITM University Gwalior

**Theme :**  
**Embrace Equity**

**Speakers :**



**Dr. Kusum Lata Singhal**  
Sr. Consultant ObsGyn



**Ms. Mansi Baluja**  
Civil Judge cum Judicial Magistrate,  
Gwalior



**Mrs. Kiran Bajpai**  
President & Founder  
Pad Women Foundation



**Mrs. Ruchi Singh**  
Chancellor  
ITM University Gwalior



**Prof. (Dr.) Sher Singh Bhakar**  
Vice Chancellor  
ITM University Gwalior

**Special Guest**      **Welcome Address**

**Coordinators:**  
**Dr. Chanda Purushwani**, Assistant Professor, Department of Mathematics  
**Dr. Vani Agrawal**, Associate Professor, Department of CSA

**Convener:**  
**Dr. Geetanjali Surange**  
Associate Professor, Department of CSA

**Note: The theme for Slogan Competition is - Embrace Equity**

**Organised by : Women Empowerment Cell, ITM University Gwalior**

International Women's Day was celebrated at ITM University, Gwalior on the theme "Embrace Equity". On this occasion Prof. Sher Singh Bhakar, Vice Chancellor of ITM University presented the welcome address by saying that today women are leading most of the organizations. They are the creators of the society. They can hold by their own in today's competitive world.



On this auspicious occasion , Dr. Kusum Lata Singhal (Senior consultant Gynecologist) and Mrs. Kiran Bajpai (President & Founder of Pad Women Foundation) were the invited speakers.

Dr. Kusum Lata Singhal emphasized and explained meanings of equity and equality. She also elaborated " Equality is the goal and Equity is the means to get these". When we embrace equity, we embrace diversity and we embrace inclusion. Thus, we need to embrace equity to forge harmony and unity.

Mrs. Kiran Bajpai enlightened us through the various real-life stories and narratives in which despite of being equal women are treated discriminately. She told us that we should spread awareness starting from our homes to the entire world that women are the better performers at any field in which they are associated with.

So , they should not be underestimated or left behind for any opportunity which is coming ahead.

At the end Hon'ble Chancellor of ITM University Mrs. Ruchi Singh Chauhan motivated the women by living on your own rules and regulation, fight for yourself, respect others in order to embrace the equity. She directly said "If you are not getting something generously, just snatch it away".

Dr. Geetanjali Surange (Associate professor, Department of CSA) was the convenor of the programme has given the vote of thanks while Dr. Chanda Puruswani (Assistant Professor, Mathematics Department) and Dr. Vani Agrawal (Associate Professor, Department of CSA) were the coordinators of the program.





### **3. Orientation Session on Gender Equity:**

The University conducts a session for the new students regarding spreading awareness on the gender equity and POSH. The program is conducted by the Women Empowerment Cell of the University at different schools. Various sessions in groups of 200 students were carried out from 22.08.2022 to 10.10.2022. In total around 3500 students were sensitized about the gender bias and Gender Equality.



## 4. Career Counseling Session for school/ Coaching Students

A career counseling session was organized for the school students at Dabra/ Datia / Shivpuri from 6-8 Octobe 2022 to solve the queries of students and to motivate girl students to overcome the taboo about some course like Mechanical Engineering, Journalism, Law where girls students of the region are found to be less interested.







## 5. Visit to village :

A visit to Raura village near the university was done on 17 Nov 2022 with the student volunteers and nursing students to carry out an awareness about health hygiene and education among girls and women. It was found that most of the girls go to the school but women are not educated. It is there fore planned to have some general awareness sessions for the women in the Next year's i.e. 2023-24 action plan.



## 6. Workshop on Removing Gender bias:

A work shop on, how to understand if one is into gender bias or not, was conducted by WEC, for all the students of SOET, SOS and SOP on 11 September 2022. The participants were subject to some question answers and through some case analysis and were demonstrated the deep rooted gender bias that we inherit from the society. The work shop was conducted by Mrs. Geetanjali Surange , Convener WEC of the University. It was a 2 hours session including question anseer and filling questionnaire.







## Grievance Redressal:

Only one complaint was received in ICC by a student of School of agriculture for inappropriate behavior of one of the faculty member. The case was resolved within 7 working days and appropriate action as per the HR policy was recommended to the Vice Chancellor by the committee.

(Geetanjali Surange)  
Convener, WEC

Copy to (Through mail):

1. Office of Hon'ble Chancellor
2. Office of Hon'ble Pro Chancellor
3. Hon'ble Vice Chancellor
4. Hon'ble Pro Vice Chancellor
5. Registrar
6. HR Department
7. All members of WEC