

Summary Sheet

5.1.3: Capacity development and skills enhancement initiatives are taken by the institution

Life skills (Yoga, physical fitness, health and hygiene)

S.No.	Year	Hyperlink
1	2023-24	View
2	2022-23	View
3	2021-22	View
4	2020-21	View
5	2019-20	View


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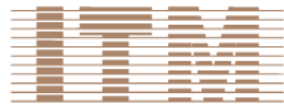
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2023-24

S.No	Name of Activities	Supporting Document
1	"Health & Safety"	View
2	Water is Life and Water is Food lecture on World food day	View
3	Session on Heartful Meditation: A Key to Work-Life Balance	View
4	Health Check Camp	View
5	World Breastfeeding Week	View


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“ CELEBRATING DREAMS ”

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2022-23

S.No	Name of Activities	Supporting Document
1	World Diabetes day	View
2	National Seminar on World Breast Feeding Week	View
3	Blood Donation Camp	View
4	Yoga Workshop	View
5	Health education on HIV AIDS	View


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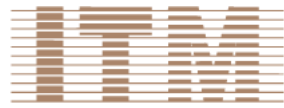
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2021-22

S.No	Name of Activities	Supporting Document
1.	International Yoga day Celebration (online)	View
2.	Program on Pharmacy & Life skill”	View
3.	National Sports day Celebration	View
4.	Workshop on Life Safety for Nursing Students	View
5.	3 Sessions: e induction seminar,	View


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2020-21

S.No	Name of Activities	Supporting Document
1	Awareness about No Tobacco 'The Silent Sight Killer.'	View
2	Covid 19 awareness myths and facts	View
3	Awareness about Health & wealth	View
4	Digital Therapeutic Program	View
5.	Program on: Global health transform	View


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2019-20

S.No	Activities	Relevant Link
1.	Health Awareness Program on the occasion of World Diabetes Day 2019	View
2.	Awareness about cardiovascular health the occasion of World Heart day	View
3.	Yoga session on the occasion of International Yoga Day -2019	View
4.	National Sports day-2019 under Fit India Movement, Running by Govt. of India	View
5.	Nursing practice Workshop	View


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